TODAY Form YLS, Youth Life Stressors

Release Participant ID	RELEASEID Release Visit No	MVISIT	
Days since randomization			DAYS

Instructions: This form is completed by the youth participant to record, in a standardized manner, sources of stress experienced over the past year.

- Hand the form to the youth participant to complete as you would any other self-report study form.
- Form instructions at the top of each page are intended to be self-explanatory. Study staff may use judgment whether to go over the directions with the participant, especially making sure the participant understands the time frame for when the event occurred (in the past year) and understands the need to respond to the second part of the item if the first part is answered YES.
- Some subjects may need to have the study staff go over the first few items together to understand the instructions.
- The youth should complete the form in privacy, i.e., without influence or input from the parent/caregiver present.
- Study staff should be on hand to answer any questions, and make it clear to the youth that questions should be directed to study staff and not to the parent/caregiver.
- If possible when the youth hands back the form, quickly scan for completeness and adherence to the skip pattern; however, participants are not obligated to provide a response to any or all items.

Instructions: For each item, first circle whether or not each of the following events happened to you in the <u>PAST YEAR</u>. Second, if the event did occur, circle a number to indicate how upset YOU were as a result of the event IN THE PAST YEAR.

				⇒ IF YES How upset were <u>YOU</u> over this event <u>IN THE PAST YEAR</u> ?				
		No	Yes	Not at all upset	A little upset	Some- what upset	Very upset	Extre- mely upset
2.	Your brother or sister got married	0	1	0	1	2	3	4
3.	You made new friends	0	1	0	1	2	3	4
4.	You started to date	0	1	0	1	2	3	4
5.	Your mother got pregnant	0	1	0	1	2	3	4
6.	You started a job	0	1	0	1	2	3	4
7.	Someone new moved in with your family (for example, grandparent, adopted brother or sister)	0	1	0	1	2	3	4
8.	Girls ⇒ You started menstrual periods Boys ⇒ Not applicable, skip	0	1	0	1	2	3	4
9.	You had hassles with a brother or sister	0	1	0	1	2	3	4

YSIBMAR/YSIBMAR1

YSFREND/YSFREND1

YSDATE/YSDATE1

YSMOMPR/YSMOMPR1

YSJOB/YSJOB1

YSMOVIN/YSMOVIN1

YSPERIO/YSPERIO1

YSIBHAS/YSIBHAS1

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maio	ate now upset <u>YOO</u> were as a res			⇒ IF YES How upset were YOU over				
		.	V	this event IN THE PAST YEAR?				
		No	Yes	Not at all upset	A little upset	Some- what upset	Very upset	Extre- mely upset
10.	Your physical appearance changed (for example, braces or glasses)	0	1	0	1	2	3	4
11.	You moved to a new home	0	1	0	1	2	3	4
12.	You started at a new school	0	1	0	1	2	3	4
13.	You had any of the following problems: acne, overweight, underweight, too tall, too short	0	1	0	1	2	3	4
14.	You had trouble with a teacher or principal	0	1	0	1	2	3	4
15.	You had hassles with your parents	0	1	0	1	2	3	4
16.	You got badly hurt or sick	0	1	0	1	2	3	4
17.	A close friend of yours got pregnant	0	1	0	1	2	3	4
18.	You broke up with a close boyfriend or girlfriend	0	1	0	1	2	3	4
19.	You lost a job	0	1	0	1	2	3	4
20.	Someone in your family (other than yourself) got very sick	0	1	0	1	2	3	4
21.	You lost a favorite pet	0	1	0	1	2	3	4
22.	You got into drugs or alcohol more heavily	0	1	0	1	2	3	4
23.	Someone in your family (other than yourself) had trouble with alcohol	0	1	0	1	2	3	4
24.	You were held back a grade in school	0	1	0	1	2	3	4
25.	You were arrested by the police	0	1	0	1	2	3	4
26.	You failed one or more subjects in school	0	1	0	1	2	3	4
27.	Your parents divorced or separated	0	1	0	1	2	3	4
28.	A close friend of yours died	0	1	0	1	2	3	4

YSPHYS/YSPHYS1
YSHOME/YSHOME1
YSCHOOL/YSCHOOL1
YSPROB/YSPROB1
YSTROUB/YSTROUB1
YSHASSL/YSHASSL1
YSHURT/YSHURT1
YSFRPRG/YSFRPRG1
YSBROKE/YSBROKE1
YSLOSJB/YSLOSJB1
YSICFAM/YSICFAM1
YSPET/YSPET1
YSDRUGS/YSDRUGS1
YSALCO/YSALCO1
YSHELD/YSHELD1
YSPOPO/YSPOPO1
YSFAIL/YSFAIL1
YSDIVOR/YSDIVOR1
YSFRDIE/YSFRDIE1

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with your boss or co-worker

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happened to you in the PAST YEAR. Second, if the event did occur, circle a number to indicate how upset YOU were as a result of the event IN THE PAST YEAR. ⇒ *IF YES* How upset were <u>YOU</u> over this event IN THE PAST YEAR? Yes No Not at Α Some-Extre-Very little mely all what upset upset upset upset upset 4 29. A brother or sister of yours died 0 1 0 2 3 4 30. A parent of yours died 2 You were detained in jail or 31. 0 1 0 1 2 3 4 other institution 4 32. You were the victim of a crime 1 2 3 0 *Girls* ⇒ You became pregnant 33. 0 1 0 1 2 *Boys* ⇒ You got your partner 3 4 pregnant You had a major disagreement 34. 0 1 1 2 0 3 4

YSIBDIE/YSIBDIE1
YSPADIE/YSPADIE1
YSJAIL/YSJAIL1
YSCRIME/YSCRIME1
YSPREG/YSPREG1
YSMAJOR/YSMAJOR1

Please review and make sure you have answered all of the questions.

Thank you for your time and participation!